

Connect timeless truths with today's news.

DETERMINED TO BELIEVE

Last month, the men's basketball team from San Diego State University (SDSU) won their quarterfinals game against Creighton University to move into the Final Four for the first time in the school's history. With the game tied and the final period ticking down to overtime, Creighton committed a foul, sending SDSU star Darrion Trammell to the free-throw line with only 1.2 seconds left. Trammell missed the first shot and then took a deep breath. After the game, he was asked what went through his mind right then. "That the moment wasn't too big for me," he said. "Through everything I've been through, I feel like the opportunity was just set there for me. It was God's timing. I just had to believe in that." He sank the second shot, and SDSU won by one point.

SLOW TO BELIEVE

On the first Easter Sunday, Jesus' disciples heard from Mary and the other women who had seen the angels that Jesus was alive. They themselves found the tomb empty. But evidently, two of Christ's disciples did not believe this meant Jesus had defeated death. Though Jesus' resurrection changed everything, opening the way for his followers to rise to life as he had, still his closest disciples did not believe that the empty tomb meant Jesus had overcome death and become the firstborn among many more to follow.

1. When has belief (in God, in yourself, or in someone else) helped in a critical moment?
2. What factors went into the disciples' slowness to believe that Jesus had risen from the dead?
3. Why do we sometimes still live in defeat or fear even though Jesus has overcome the grave?

Additional Resources

These videos and materials are for your personal use. If you show videos in class, be sure to have the necessary rights to do so.

Music Video, Traditional: ["Sing Hallelujah to the Lord" by Simon Khorolskiy](#)

Music Video, Multicultural: ["The Resurrection" by The Spirituals](#)

Music Video, Contemporary: ["Sing Hallelujah to the Lord" by Simon Khorolskiy](#)

[Guzik's Commentary on Luke 24](#)

[Matthew Henry's Commentary on Luke 24](#)

[Coffman's Commentary on Luke 24](#)