

Connect timeless truths with today's news.

BY HIS SIDE ON THE ROAD

John Darwen and James Baker are brothers-in-law living in England who together hold a Guinness World Record for farthest distance pulling a vehicle in twenty-four hours. Each of the pair has pulled a different van with a harness. They first jointly achieved their record in 2021—reaching just over twenty-two miles—and they later topped their own distance by each pulling to thirty-two miles. They began their task because John had been diagnosed with leukemia, and James (married to John's sister) wanted to encourage John in his fight. John is now a cancer survivor, and they pull to raise money and awareness for cancer research. Two miles from their goal, John felt he couldn't go on. James reached their target distance then unhooked and went back to encourage John, and they did reach their record distance side by side. "Crossing the line together, that will never leave me," John said. "I think that's one of the greatest achievements for me."

BY HIS SIDE IN THE VALLEY

Psalms 23 is among the best-known texts in the Bible. David or the psalmist describes how the Lord is always by his side, both in lows and highs. Knowing that God will never leave him—even (or especially) in the depths of darkness or the presence of enemies—gives the psalmist hope for a blessed future.

1. When have you done something to encourage someone else who is struggling?
2. What's a record or achievement that you share with pride?
3. How has Psalm 23 been meaningful to you?

Additional Resources

Any videos or web materials are for your personal use. If you play any media files in class, be sure to have the necessary rights to do so.

[Contemporary Worship Weekly](#)

[Echoes Worship Weekly](#)

[Traditional Worship Weekly](#)

[Theology of Work Bible Commentary, "God's Presence in Our Struggles at Work \(Psalm 23\)"](#)

[Bob Deffinbaugh, "Psalm 23: A Psalm that Calms the Soul"](#)

[Stephen J. Cole "Psalm 23: Contentment"](#)